

MISSOURI RIVER

High Adventure Base



2010

Leaders' Guide

Sioux Council, Boy Scouts of America

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Sioux Council – Boy Scouts of America

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Message from the Director

Dear Scouts, Scouters and Venturers,

Welcome to the **Missouri River High Adventure Base** - Summer 2010.

Thank you for choosing our base as your High Adventure Experience for the summer. We are excited to have you join us.

This season our High Adventure Base is adding a new dimension to the programs that we offer. In this 100th Year of Scouting we will start offering week long sailing excursions along Lewis & Clark Lake. Sure, we still offer our famous canoe treks down the wild and scenic sections of the Might Mo. But for three weeks in July, we will also offer a chance to sail the Missouri on one of our 25 foot sail boats and take in some of the sights and attractions along the way.

The program kind of goes where the wind takes you. Museums, national fish hatchery, camping, great food, some great state parks. And just like our canoe adventures, we supply everything, but a very short list of personal gear! It's a great trip for Coed Crews as well as older Scouts that are looking for something exciting, different and challenging.

This book contains the information you need to have a great high adventure experience. Paddle powered or wind powered... Your choice! If you have questions, please don't hesitate to ask.

Informally, among friends, we call our high adventure base "Mr. Hab"; or verbally "Mister Hab". You are one of our friends. Please feel free to use our nick name!

Sincerely,

Carla Scott
Camp Director

Welcome to the Missouri River High Adventure Base

High Adventure is an extension of your ongoing unit program. When your Youth Members get older, new and exciting programs are offered to keep them focused on Scouting and Venturing.

The Missouri River High Adventure Base offers a week long sailing adventure and two different canoe treks. The first canoe trek, is a 60-mile trek that starts at Yankton, SD and takes you down the Missouri River to Ponca State Park in Nebraska. The other trek, starts at Fort Randall Dam in central South Dakota and takes you down stream 54 miles to the formation of Lewis & Clark Lake in South East South Dakota. Each five day trek offers history and a non-merit badge driven program. Every bend in the wild and scenic Missouri offers a chance for a different adventure. Camp on islands, horseback riding, learn to expertly throw a tomahawk, brave the elements of nature, camp and travel on historic out of the way grounds that most people will never see.

Starting in July 2010 you can come aboard one of our large sail boats and ride like the wind.

The Missouri River High Adventure Base is located on the beautiful Missouri River near Yankton, SD. Our base camp is located on the Lewis and Clark Scout Reservation. The camp is owned and operated by the Sioux Council of the Boy Scouts of America. The Sioux Council Camping Program is available to all eligible youth, without regard to race, color, national origin or handicap.

Directions: From Yankton take Highway 50 west 10 miles and then South 2 miles on 430th Ave. Please remember the speed limit in camp is 15 mph and no passengers should be transported in the bed of a pick up truck, covered or not.

Sioux Council, BSA
800 N. West Ave.
Sioux Falls, SD 57104
(605) 361-2697

Lewis and Clark Scout Reservation
Missouri River High Adventure Base
31069 Boy Scout Road
Tabor, SD 57063(605) 665-7970

www.siouxbsa.org (Click [Camps](#) then [High Adventure Base](#))

Planning for your Trek

Camp Fees:

Sailing Adventure	\$225.00
Northern Trek	\$225.00
Southern Trek	\$225.00

Participants registered with a deposit prior to January 1st will receive a **\$25.00 discount** on their remaining fee.

Camp fee must be paid in full prior to May 1, 2010.

Participant Age and Qualifications

BSA policy requires every participant to be registered Boy Scout, Varsity Scout, or Venturer. Each participant must have attained the age of 13 **by January 1, 2010.**

Deposits/Registration:

A \$75.00 non-refundable deposit is required for each participant. While this deposit is non-refundable, it may be used for a new registrant for the same trek. The deposit must accompany your unit's registration form, unit roster and consent forms. A trek cannot be held without a deposit for each participant. **Your final payment is due on or before May 1, 2010.**

Provided Equipment for Trek

The Missouri River High Adventure Base provides all equipment. We also provide a tent for every two participants, cook gear, "dry bags", food, GPS/Maps, and a trek or adventure guide.

Damaged Equipment

The Missouri River High Adventure Base puts a very high value on its facilities and equipment. It is our goal to use it for many years. Any willful damage to camp owned equipment or damage through gross negligence or abuse will be the sole responsibility of the unit. Units will be charged the retail price of damaged items, and must pay for damages before leaving camp.

Leave No Trace

The Missouri River High Adventure Base practices "Leave No Trace". Locations that do not have established campsites require the use of Leave No Trace. Not all campsites have rest room facilities and therefore cat holes may need to be used. Both sections of the Missouri River are part of the National Park System. Leaving what you find is important. Please be prepared to practice Leave No Trace. Participants will be taught the principals of Leave No Trace at Base Camp. It's an important part of the trek and your "Outdoor Life"

Prohibited Items

- Hunting Knives/Sheath Knives • Fireworks • Personal Entertainment Electronics
- Personal Firearms • Jewelry/Other expensive items.

Planning for your Trek

Number of Participants

Each crew must have a minimum of 7 participants or a maximum of 11 participants. See Leadership on page 12 for leadership requirements. Units with more than 11 Participants should contact the base for special arraignments.

Medical Record Requirements

With the higher level of physical activities that may be encountered on our treks, participants will be required to complete and submit a Medical Form for high adventure activities. This involves an annual visit to a physician, regardless of age. **No other form is valid for this camp.** The Medical Form is available in this guide and on our website. Participants must be in good physical condition, so as not to hinder the progress of the trek or adventure. The pace is not arduous. There are times, however, when being in good physical condition makes the adventure much more enjoyable. We've had 67 year old men do these trips!

Refund Policy

Pre-registration fees for campers who fail to attend for other than an emergency reason will be forfeited and are not applicable to other camp or participant expenses. However, they can be transferred to a new registrant not listed on the original roster. Cancellations must be made prior to May 20, 2010. All refund requests must be presented in writing.

Tour Permit

A tour permit is required for all units attending camp. Contact your local council office for assistance. A copy of this form will be requested upon arrival at base camp.

First Aid Training

We strongly recommend participants receive first aid and CPR training from a recognizable community organization. We also recommend taking the "**When Help Is Delayed**" module from the American Red Cross. Remember... Be prepared!

Pre-trek Training/Conditioning

Being in good physical shape is important for a successful adventure. We suggest that every participant All participants should practice swimming, which is also a great way to exercise. Please contact us if you have further questions regarding pre-trek training. All participants must pass the standard BSA Swim Test at the swimmers level.

Unit Preparation for High Adventure Camp

Upon receiving this Program Guide:

- Inform or remind participants and parents of camp dates.
- Make arrangements for medical examinations with a local physician.
- Schedule a Parents' Night program in February or early March.

Planning for your Trek

Parents' Night:

- Describe the program.
- Provide information on what each scout will need and the physical demands of the trip
- Distribute and explain the Medical Examination Form.

During April and May:

- Give final notice to all participants and parents about plans for attending the High Adventure Base.
- Arrange Transportation to and from camp.
- Collect completed Medical Examination Forms from all participants.
- Send a **copy** of all Medical Examination Forms (*front & back*) to the Sioux Council Service Center prior to June 1st (*Sioux Council, BSA, 800 N. West Ave., Sioux Falls, SD 57104*). Be sure to include the dates of your trek.

One Week Before Camp:

- Double-check that all participants have a Medical Examination Form. (***Please bring 2 copies with you***)
- Inspect each participant's personal gear and uniform.
- Finalize transportation arrangements to and from camp.
- Prepare at least two checks (or have a Visa, Mastercard or Discover Card) to cover any expenses at High Adventure Camp.

Your Time at High Adventure Camp

Arrival and Check In (*Speed limit in camp is 15 mph*)

- Please plan to arrive at the Missouri River High Adventure Base between 1pm and 3pm on the Sunday of your Adventure.
- The Camp or Trek Director and your Trek Guide will greet you. They will lead you through the check in process and help you settle into base camp.
- You will be given a swim test shortly after arriving at camp.
**All participants must pass the swim test as a "swimmer"-
No Exceptions!**

Pre-trek Leaders Meeting

A leader's meeting will be held following evening meal the night of your arrival. Information about base camp and your time on the river or lake will be discussed.

Your Time at High Adventure Camp

Insurance

Your unit must be covered by medical and accident insurance while at the Missouri River High Adventure Base. Campers registered with the Sioux Council are covered by the Council's Sickness and Accident Policy while attending camp and during travel between camp and home. The Council's policy meets costs beyond those covered by a participant's family policy. It is important that the name of the family's insurance carrier and policy number be provided on the Medical Examination Record. A brochure fully describing the council's sickness and accident policy is available from the Sioux Council Service Center.

Troops / Crews attending the Missouri River High Adventure Base from other councils must come to camp with a copy of a certificate of insurance and the information necessary to process a claim. This is available from your insurance carrier and / or your Council office. **Additionally, units from outside the Sioux Council are required to bring a printed roster of all youth and leaders obtained from your local council office.** This is to insure that each youth and leader are registered members of the BSA.

Discipline

The Missouri River High Adventure Base, in accordance with the policies of the Boy Scouts of America, will not permit staff, volunteer leaders, or youth participants to use corporal or other harsh punishment. No humiliating or frightening method of discipline will be used to control the actions of any camper or campers. Initiations, which frighten or humiliate, including forms of hazing, are not permitted.

Visitors

We encourage and welcome visitors at the appropriate times. Parents who would like to camp overnight before or after transporting participants may pitch a tent or park a small camper in the family camping area of the Lewis and Clark Scout Reservation. A reasonable camping fee will apply. For safety reasons, set-up of tents and campers must be completed before sundown. Vehicles must be parked in the designated parking area. Advance reservations for camping and meals are required. All visitors must check-in at the Missouri River High Adventure Base Main Lodge.

There are many local and national chain hotels located in the Yankton area. For a complete listing, contact the Yankton Area Chamber of Commerce at (605) 665-3636

Mail Service

Outgoing mail from base camp is picked up daily. Stamps are also available at our Main Lodge. Mail call will be held each day at base camp, however mail is NOT delivered to participants on the river or lake.

Camp Address:

Participant's Name, and Unit #
Missouri River High Adventure Base
31071 Boy Scout Road
Tabor, SD 57063

Your Time at High Adventure Camp

Scout/Venturing Uniform

We encourage participants to wear the official Boy Scout or Venturing uniform while at base camp. A scouting related t-shirt is also appropriate with the scout shorts and socks. While on trek, participants are not required to wear the official uniform.

Telephone Service

The camp telephone is used for camp business and emergencies only. There is a phone located at our main lodge for personal use from which calling card, collect and Credit card calls may be made.

NOTE:

The Missouri River High Adventure Base does NOT provide phone service to units while on a trek or adventure. Our trek guides, however, check in with the base camp at pre-arranged times and have the means to contact emergency help.

Vehicle Use

Personal vehicles must be parked in the appropriate parking lot. Gear will be carried a short distance from the parking lot to the base camp bunk houses.

Buddy System

For safety reasons, participants are required to use the buddy system while in base camp and on trek. It is very important that participants stay with a buddy at all times.

Shakedown

To ensure adequate personal clothing and proper gear has been packed. A shakedown will be held for every participant prior to trek departure.

Check Out Procedures

- After returning from your trek, you will assist your trek guide in cleaning equipment.
- On the morning you leave, gear should be packed and taken to vehicles.
- A staff member will walk through base camp with your unit to check for damages and cleanliness.
- Breakfast will be served prior to departure.
- Leaders will settle any outstanding accounts at the main lodge with the business manager.

Pets

Pets are **not** allowed at the Missouri River High Adventure Base.

Firearm and Weapons Policy

Personal firearms, ammunition, and archery equipment are strictly prohibited. The Missouri River High Adventure Base provides necessary equipment.

Camp Accommodations

While at base camp, the Missouri River High Adventure Base provides food as well as sleeping quarters and a bed/cot. Hot showers and restroom facilities are near by.

Your Time at High Adventure Camp

Leaving Camp

Campers and leaders who must leave base camp must sign out at our main lodge. Campers may leave only with a parent or guardian, or with a written release from a parent or guardian. Leaders must be present when a camper leaves camp. In case of any question as to the custody of a minor child, the camper may only leave with the adult that brought him/her to camp.

Trading Post

Our Trading Post sells items you may need for your trip including hats, sunscreen, etc, as well as snack food, T-Shirts and other “necessities”

Spending Money

Most campers spend between \$40-\$70 while at camp. We suggest that unit leaders establish a unit “banking” system to safeguard money youth participants bring to camp. We cannot be responsible for lost or stolen personal items. Visa, MasterCard and Discover are accepted at the Trading Post and business office.

Medical Care

A reservation medical officer serves the unit while at base camp. (A physician from Yankton supervises the reservation’s medical care services.) In the event of a serious accident, illness, or hospitalization, parents are contacted. Medical care given at camp is without additional charge. **Treatment provided outside of camp is at each family’s expense; forms are filed for insurance coverage.** The Sioux Council does participate an insurance plan, which assists with deductibles and uninsured costs. **It is important that each participant have a signed Participation and HealthCare Consent form.** In the event of an emergency, participants could be treated in South Dakota, Nebraska or Iowa.

Fuel Policy

National BSA policy permits the use of liquid fuel only under the direct supervision of a knowledgeable adult leader. Fuel bottles for a trek must be in appropriate containers, so they cannot be confused with water bottles even in the dark. Fuel in base camp is to be stored in an approved fuel storage container.

Fireworks

Possession or use of fireworks at the Missouri River High Adventure Base or on a trek is strictly prohibited and is cause for dismissal from camp and the program.

Drugs and Alcohol

Alcoholic beverages and illicit drugs are strictly prohibited. Violators will be removed from camp or trek immediately. Prescription drugs must be locked in the assigned medication lock box.

Tobacco Use

In accordance with the BSA policy, the use of tobacco products in the presence or view of youth is prohibited.

Trek Description

The Trek

The Trek is a seven day camp. You will spend the first day and the following morning at base camp preparing for the trip. The next five days you will spend on the river or lake.

In-camp preparation will include Leave No Trace, History of the Mighty Mo, Endangered Species, Fossil Hunting, Lewis and Clark History, and Map/Compass/GPS instruction. And if attending the sailing adventure trek, some basic sailing instruction and planning.

Treks or Adventures

In 2010 there are three programs being offered. The first two are the Northern and Southern canoe treks. The third is a special week long Sailing adventure on Lewis & Clark Lake.

Northern Stretch (*Pickstown to Springfield - 51 miles*)

This trek will take you to Fort Randall Dam near Pickstown, SD. You will wind down this beautiful stretch of the Missouri passing Old Baldy and the turtle backs. The northern stretch is slightly less populated. One of your destinations will include Niobrara State Park where a refreshing hike will lead you to swimming, horse back riding and a lot of history. The latter half of this trip can culminate to different endings, including canoeing back to base camp. Call for more details on the Northern Stretch.

Southern Stretch (*Yankton to Ponca - 53 miles*)

This trek will include a day hike to Ionia Volcano and while on Goat Island you may try your hand at tomahawk throwing. As you float down the Mighty Mo, you will be introduced to historic locations pertaining to Lewis and Clark. You will pass the area where Shannon got lost, where the election of Patrick Gass took place (the first election west of the Mississippi), as well as many campsites used by Lewis and Clark.

When you reach your final destination, Ponca State Park, you can swim, shoot archery or muskets, horse back ride, visit the new Interpretive Center, or just relax.

Sailing Adventure (*Lewis & Clark Lake - July dates only!*)

This sailing adventure is operated only in the month of July, after the spring and early summer winds settle into a some what predictable pattern. Board one or more of our big sailboats and let our expert staff show you a thing or two about how to sail! We feature stops at various "ports" along Lewis & Clark Lake. The program kind of goes where the wind and weather take you. But you can count on visiting great parks, the National Fish Hatchery, Gavins Point Dam and have a great time camping along the shores. Food? Plenty of it... And rave reviews!

Units must have a minimum of 5 participants or maximum of 11 participants. See Leadership on page 12 for leadership requirements.

Please use registration and roster forms beginning on page 15.

Your Time at High Adventure Camp

Journals

Most of what we know about Lewis & Clark's exploration of the Louisiana Purchase comes from the unique journals they kept. And while spelling and punctuation were not their strong points, Lewis & Clark wrote their journals in the Spanish style or manner.

Each participant will have the opportunity to make their own leather covered journal. This is a personal item that participants don't need to share with anyone.

Those that have shared their journal writing over the years have recorded their insights about the training, planning, discoveries and adventures. Plus comments about food, animals and the weather they encountered.

Emergencies

The Missouri River High Adventure Base can be reached by calling the Lewis and Clark Scout Reservation Headquarters at (605) 665-7970

If a camper must be reached while on the river, every reasonable effort will be made to contact that individual as soon as possible. *True emergencies only!*

Food Service

All food is provided by the Missouri River High Adventure Base. Due to the nature of the programs, we are able to make only minimal adjustments for persons with special dietary needs. Please contact us well in advance for further information and possible arrangements.

Climate

Southeast South Dakota temperatures, during trek months, can peak at over 100°F and drop to 50°F within the same week. Humidity can run quite high. Be prepared by bringing suggested clothing and gear.

Leadership

Male, Female, and Coed Leadership

Each unit must provide at least one leader over the age of 21: male leadership for all-male units, female leadership for all-female units, male and female leadership for coed units. Coed overnight activities require at least one male and at least one female adult leader over the age of 21. Please contact us with questions regarding leadership.

Blended Unit Leadership

If your group has participants from more than one unit (troop/crew/team) we encourage an adult representative from each unit.

Personal Check Lists

Personal Items Needed for High Adventure Camp:

- | | |
|---|---|
| <input type="checkbox"/> Mess Kit (utensils, plate, bowl) | <input type="checkbox"/> Shorts |
| <input type="checkbox"/> Sierra Cup | <input type="checkbox"/> Long Pants |
| <input type="checkbox"/> Hat w/ Brim (no baseball caps)* | <input type="checkbox"/> Long Sleeve Shirt* |
| <input type="checkbox"/> 2 Swimming Suits | <input type="checkbox"/> T-Shirts |
| <input type="checkbox"/> Toilet Kit | <input type="checkbox"/> Socks |
| <input type="checkbox"/> Towels/Washcloths | <input type="checkbox"/> Underwear |
| <input type="checkbox"/> Camera/Film | <input type="checkbox"/> 2 Pairs of Shoes |
| <input type="checkbox"/> Water Shoes (hard bottom)* | <input type="checkbox"/> Sleeping Bag (summer weight) |
| <input type="checkbox"/> Sleeping Pad (not bulky) | <input type="checkbox"/> GPS (if desired for Geo cache) |
| <input type="checkbox"/> 3 Water Bottles (quart size)* | <input type="checkbox"/> Pocket Knife |
| <input type="checkbox"/> Sleepwear | <input type="checkbox"/> Bug Repellent (non-aerosol best) |
| <input type="checkbox"/> Rain Gear | <input type="checkbox"/> Jacket |
| <input type="checkbox"/> Spending Money | <input type="checkbox"/> Sunscreen (16oz minimum)* |
| <input type="checkbox"/> Phone Card | <input type="checkbox"/> Medications (If applicable) |
| <input type="checkbox"/> Flash Light/Batteries | <input type="checkbox"/> Chap Stick (with SPF protection)* |
| <input type="checkbox"/> Compass (inexpensive)* | <input type="checkbox"/> 20ft 1/4 Nylon Rope (Not needed for sailing) |
| <input type="checkbox"/> Whistle (inexpensive)* | <input type="checkbox"/> Wrist Watch (waterproof) |
| <input type="checkbox"/> Small Personal First Aid Kit | |
| <input type="checkbox"/> Biodegradable Camp Soap * | |
| <input type="checkbox"/> Completed Medical Form | |
| <input type="checkbox"/> Full Scout/Venturing Uniform | |
| <input type="checkbox"/> Sun Glasses (polarized lenses help with glare) | |

Optional Items:

Your Personal Canoe Paddle (*for Canoe Trek*)

Volleyball Style Knee Pads (*for Canoe Trek*)

Biking Gloves (*for Canoe Trek*)

Fanny Pack

Canoe Seat Cushion or Seat Back (*for Canoe Trek*)

Personal PFD (Must be coast guard approved)

- * Notes: Old tennis shoes will work fine for Water Shoes. Two one gallon milk jugs or a couple 2 liter soda bottles (*both with screw on caps*) will work for personal water bottles. Participants just need a lot of personal drinking water! Small plastic whistle to pin on your PFD for emergencies is all you need. An inexpensive compass is fine. You don't need to spend a lot of money on this stuff! You can find most of these items at our Trading Post if you forgot something.

We will require Sun Screen use. Lip balm with sun protection is a good investment! Even in hot weather a loose fitting, light colored, long sleeve shirt will protect your arms from excess sun. Get a wide brim hat and wear it! It doesn't need to be stylish. It just needs to shade your neck, face and ears! We have them at the Trading Post too!

Registration Check List

Forms Necessary to Register:

- Registration Form
- Unit Roster
- \$75 Deposit per participant (non-refundable)
- Consent Form for every participant
- Final payment must be received by June 1, 2010

Medical Form Requirements:

- All Participants have a complete High Adventure Medical Form
- A **copy** of each form is mailed to the Sioux Council prior to June 1, 2010
- Two copies are brought with the unit to camp.

Pre-Trek Training:

- Participants are in good physical shape.
- Canoeing practice and paddles strokes mastered. *(for Canoe Trek Participants)*
- Participants are good swimmers, able to pass the BSA required swim check.

Tour Permit

- Local Permit if **under** 500 miles
- National Permit if **above** 500 miles
- A copy is available for inspection during check-in.

Leadership

- Male leader over 21 for male participants
- Female leader over 21 for female participants

Transportation

- Transportation has been arranged to and from camp.
- Transportation meets or exceeds all BSA policy.



MISSOURI RIVER HIGH ADVENTURE BASE 2010 Reservation Form

Please register (unit type) _____ (unit number) _____ of (city/state) _____ of
District _____ Council _____

Number of participants below 21 years of age _____
Number of male leader(s) above 21 years of age _____
Number of female leader(s) above 21 years of age _____
Total number of participants _____

This form must be complete in order to be processed. Please complete BOTH pages.!

Indicate Trek and Circle Southern or Northern Journey (7 days)

June 13 – 19	Northern	Southern
June 20 – 26	Northern	Southern
June 27 – July 3	Northern	Southern
July 11 – 17	Northern	Southern
July 18 – 24	Northern	Southern
July 25 – 31	Northern	Southern

Please complete both pages of the reservation form.

RESERVATION FORM CONTINUED

Leaders Name _____ Address _____

City/State _____ Zip _____

Phone (H) _____ (W) _____ (C) _____

Email _____ Fax _____

**BSA policy require that participants
must be 13 years of age before January 1st of
the year of participation.
NO Exceptions!**

Please note the following:

1. Journey Fee is \$225.00. Expedition Fee is \$275.00. If registered prior to January 1st, each participant will receive a \$25.00 discount.
2. A \$75.00 non-refundable, but transferable deposit is required for each participant. Deposit can be transferred to a new registrant only. This deposit must accompany this registration form. A trek cannot be held without a deposit for each participant.
3. Your remaining balance is due by May 1st.
4. The minimum number of participants is 7 and the maximum is 11. One leader must be 21 or older: male leader for male participants, female leader for female participants.
5. The Missouri River High Adventure Base of the Sioux Council is available to all eligible youth, without regard to race, color, national origin or handicap
6. Send your registration and deposit to: Sioux Council, BSA, 800 N. West Ave. , Sioux Falls, SD 57104

For Office Use Only

Date Received _____	Trek Date & Numbers _____
Deposit Paid \$ _____	North or South Trek _____
Number of Participants _____	Confirmation Letter Sent _____
Summer Contact _____	Health Forms Received _____

2010 MISSOURI RIVER HIGH ADVENTURE BASE

Unit Roster

Please complete and return with payment.

Unit # _____ City: _____ Date Attending: _____

Please Check One

- | | | |
|-----------|-------------|-------------|
| 1. _____ | Adult _____ | Youth _____ |
| 2. _____ | Adult _____ | Youth _____ |
| 3. _____ | Adult _____ | Youth _____ |
| 4. _____ | Adult _____ | Youth _____ |
| 5. _____ | Adult _____ | Youth _____ |
| 6. _____ | Adult _____ | Youth _____ |
| 7. _____ | Adult _____ | Youth _____ |
| 8. _____ | Adult _____ | Youth _____ |
| 9. _____ | Adult _____ | Youth _____ |
| 10. _____ | Adult _____ | Youth _____ |
| 11. _____ | Adult _____ | Youth _____ |
| 12. _____ | Adult _____ | Youth _____ |

- | | | |
|-----------|-------------|-------------|
| 1. _____ | Adult _____ | Youth _____ |
| 2. _____ | Adult _____ | Youth _____ |
| 3. _____ | Adult _____ | Youth _____ |
| 4. _____ | Adult _____ | Youth _____ |
| 5. _____ | Adult _____ | Youth _____ |
| 6. _____ | Adult _____ | Youth _____ |
| 7. _____ | Adult _____ | Youth _____ |
| 8. _____ | Adult _____ | Youth _____ |
| 9. _____ | Adult _____ | Youth _____ |
| 10. _____ | Adult _____ | Youth _____ |
| 11. _____ | Adult _____ | Youth _____ |
| 12. _____ | Adult _____ | Youth _____ |

Total Adults _____

Total Youth _____

BSA Medical Forms can
be found on
pages 51—54
of the
Lewis & Clark
Leader's Guide

Quality Camping

The Sioux Council Camping Committee is committed to camps that meet high standards for health and safety, food service, program, maintenance, conservation, staffing, and administration.

**The Missouri River High Adventure Base
is a Nationally Accredited Camp
Your Assurance of Quality**



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31071 Boy Scout Road
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