

# Webelos Camp Parents'/Leaders' Guide

## What is Webelos Explorer Camp?

Webelos Camp is an exciting adventure for your Webelos Scout. It provides a fun filled environment, with just the right mixture of challenge. Boys graduating third or fourth grade in a Bear/Webelos Dens are rapidly expanding their horizons. Webelos Camp gives them a peek at what is just over the hill. The activities are planned specifically for Webelos and will greatly aid the Webelos Leader in helping those energetic Scouts try new skills in the out-of-doors.

Webelos Camp is an adventure...with a purpose. It's camping out, in a safe and pleasurable environment to ensure that our Webelos have a fine camping experience. It's learning how to work together and play together. In the great outdoors, Webelos gain in experience, knowledge, and self-reliance with the help of their Webelos Leader or parent and a trained camp program staff.

Webelos Camp provides an excellent growth opportunity as boys make the transition from Cub Scout day camping to the long-term camping experience they will have in their future years as Boy Scouts.

## Who Goes to Webelos Camp?

The Webelos Camp experience is of greatest benefit to those boys just beginning their time in the Webelos Den. Second year Webelos will also gain knowledge, skills and fellowship from Webelos Camp. Any first or second year Webelos can attend Webelos Camp. **Your Bear dens will become first year Webelos on June 1st.** Whether you have brand new Webelos or "old hands" in their second year, Webelos camp is for them. Webelos Camp is also for leaders and parents of Webelos. It's a great place to gain a deeper understanding of your son or the boys in your den.

The Lewis and Clark Webelos Camp program is structured to give Webelos Scouts opportunities to earn Activity Badges not easily obtained at home. Earning Activity Badges specifically meets the purpose of Webelos Scouting, which is to foster a *sense of personal achievement by developing new interests and skills.*

By sharing in campsite responsibilities, each boy develops *habits and attitudes of good citizenship.* Joining boys, parents and leaders from other packs strengthens *the ability to get along with other boys and respect other people.*

In an ideal situation each Webelo would have a parent sharing the experience with him here at camp. This would *improve understanding within the family.*

The Sportsman Activity Badge activities, in which all will participate, *will help develop good sportsmanship and pride in growing strong in mind and body.*

Preparing *Cub Scouts to become Boy Scouts* is certainly something we hope our Webelos Camp will do, but let's not forget the boys' more immediate purpose: *to have an experience of fun and exciting new things to do.*

## How Do You Get in on the Action at Webelos Camp?

Getting ready for camp is easy. First, read the material included in this camp guide; Second, discuss with your son the exciting opportunity that going to Webelos Camp will provide for him.

Third, contact your Webelos leader to see if your den will be going as a group. Forth, send in registration form and fees to Sioux Council. Fifth, talk it over and talk it up. It'll make for a high point in your son's Webelos years of Cub Scouting!

**General Webelos Camp Information**

Camp fees are shown below. Payments should be sent to the Sioux Council Center for Scouting at 800 N. West Ave., Sioux Falls, SD 57104.

Fees are not refundable but can be transferred to cover the registration fees of another Scout. Fees should be paid by **May 1st** to help in planning for camp.

**Webelos (scout) Fee ..... \$80.00**  
**Adult/Leader Fee .....\$40.00**  
**Late Fee.....\$10.00**

Camp Dates: Three exciting four day/three night sessions are planned:

July 6th<sup>d</sup> – July 9th

July 31st – Aug 3rd

Aug 3rd – Aug 6th

Sessions fill on a first come, first serve basis. The faster you can get your reservation in the better chance you have to get the camp of your choice. We can only allow 200 total participants to attend each session. Please don't wait until April to send in your reservation information. Do it as soon as possible.

**General Camp Information**

**Camp Address**

Lewis and Clark Scout Reservation, 31071 Boy Scout Rd, Tabor, SD 57063

**Telephone**

The camp telephone is used for camp business and emergencies only. Since there is only one line into camp, it cannot be tied up with personal calls. The camp number is (605) 665-7970 Fax: (605) 665-6124.

**Trading Post**

There is a Trading Post to provide additional snacks and souvenirs, so Webelos may wish to bring some spending money (est. \$25.00 to \$30.00). We suggest talking with pack leaders to establish a unit "banking" system to help safeguard money boys bring to camp. We cannot be responsible for lost or stolen personal items.

## Visitors

We encourage and welcome visitors at the appropriate times. Parents who would like to camp overnight in order to help provide transportation home may pitch a tent or bring a SMALL camper to park in the family camping area. A small camping fee will apply. Vehicles must be parked in the designated parking area across from the administration building. Advance reservations for camping and meals are required.

In addition, visitors are welcome any day between the hours of 8:00 am and 9:00 pm. All visitors must register in the administration office upon arrival and purchase any meals they will eat at camp. Please be advised that visitors are not allowed to participate in camp programs due to BSA camping standards. This means that only registered youth members (Webelos Scouts) can use the waterfront, participate in shooting sports, etc.

## Lost & Found

We will keep all the lost & found materials at camp for the entire summer. All articles will then be sent to the Council Center for Scouting and held until the first of September. After that date all lost & found materials will be donated to Goodwill Industries.

## Pets

Are **NOT** allowed at camp.

## Camperships

Financial assistance for Sioux Council Webelos Scouts demonstrating a financial need is available for Webelos attending Lewis and Clark. Deadline for application is May 2, 2011. Cubmasters or Webelos Leaders should contact the Sioux Council Center for Scouting for details.

## Adult Leadership

In accordance with the national policies of the Boy Scouts of America, Webelos can go camping on a limited basis, only when accompanied by Webelos leaders and/or parents. The leadership policy of the B.S.A. states that a minimum of two adult leaders (one age 21 or older, and the other a minimum of 18) are required for each Pack trip or activity. While your group is in camp they will be in campsites of more than one group. It is recommended that parents not attending camp take their Webelos to camp and meet their leader there at the beginning of the session and pick them up at camp at the end of the session. You will need a ratio of 2 Adult to every 8 Webelos.

## Camp Registration

Registration is completed by individual Webelos and a parent. We recommend that you attend as a Den. Campsite assignments will be made by Den. If you are unable to attend with your Den, you are welcome to sign up with your parent for a different session. You may access registration materials at [www.siouxbsa.org/camps/webeloscamp](http://www.siouxbsa.org/camps/webeloscamp).

## CAMP EQUIPEMNT

### Den Equipment

You might want to visit with leaders of a Boy Scout Troop for equipment suggestions for a stay at camp. The Patrol or Crew Overnight Camping Gear List found in the Boy Scout Handbook might be helpful as you pack gear. You will not need to worry about cooking equipment. The following listing may also be helpful. Bold face items are the most necessary.

#### **First Aid Kit**

Program Books\*\*\*

Song Books\*\*\*

Tools\*\*

Lanterns

#### **Tents\*, poles, stakes**

**Hammer**

Lawn Chairs

Ice Chest with locking lid

Rope & Twine

\* BSA National Standards require tents to have a minimum of 30 square feet of floor space per camper and the warning "No Flame in Tent" marked on the outside near the door way.

\*\* Consider such items as a screw driver, duct tape, vise grips, sharpening stone, oil etc...

\*\*\* You might want some ideas for campfire skits, etc.

Following are Items That Webelos Will Find Useful in Camp:

<input type="checkbox"/> <b>Health form (required)</b>	<input type="checkbox"/> Toothbrush & paste	<input type="checkbox"/> Towels
<input type="checkbox"/> Webelos Handbook	<input type="checkbox"/> Air mattress or cot	<input type="checkbox"/> Insect Lotion
<input type="checkbox"/> Webelos uniform	<input type="checkbox"/> Jacket or sweat shirt	<input type="checkbox"/> Underwear
<input type="checkbox"/> Long Pants	<input type="checkbox"/> Raincoat or poncho	<input type="checkbox"/> Soap
<input type="checkbox"/> Shorts	<input type="checkbox"/> Sturdy shoes or boots	<input type="checkbox"/> Water Bottle
<input type="checkbox"/> Small pillow	<input type="checkbox"/> Extra socks	<input type="checkbox"/> Swim suit
<input type="checkbox"/> Flashlight	<input type="checkbox"/> Bedroll or sleeping bag	<input type="checkbox"/> Fishing gear (if you plan to fish)
<input type="checkbox"/> Tent, etc.	<input type="checkbox"/> Pajamas	<input type="checkbox"/> Sun Screen
<input type="checkbox"/> Swimming Shoes	<input type="checkbox"/> T-Shirts	<input type="checkbox"/> Hat

### Don't Bring

- Carpet
- Futon (or other indoor furniture)
- Firewood (we have plenty)
- Excessive Water (our water is from a municipal source)
- Excessively Large Coolers (Shouldn't take more than 1 person to lift)
- Expensive watches, clothes, shoes, jewelry.....you get the idea.

The Sioux Council BSA cannot be responsible for lost or stolen items.

## CAMP HEALTH AND SAFETY

### Arrival and Check in

*The speed limit at Lewis and Clark is **15 mph**.  
Regulations specify that all truck riders be in a passenger compartment  
(no riding in beds, covered or uncovered).*

Plan to arrive at camp between 1:00 pm and 3:00 pm on the first day of your camp. In order for the camp staff to complete their pre-session meeting, greeting of dens will not begin until 1:00 pm. If you arrive earlier than 1:00 pm, be prepared to make yourselves comfortable in the areas near the parking lot. We strongly encourage dens to make travel arrangements so that all members of the pack arrive in camp at the same time.

You will be greeted by the Camp Commissioner and your Campsite Commissioner for the week. They will assist you in unloading personal gear and load gear onto camp service vehicles to transport your pack gear to your camping site.

A pack leader will proceed to the Administration Building to:

- Present the pack roster
- Sign up for activity badges (we suggest a second person to handle badge sign-up)
- Receive campsite assignments

Your Campsite Commissioner will lead the pack to the Medical Lodge for medical rechecks and to the dining hall for orientation.

Your Campsite Commissioner will lead you to your campsite. The camp ranger and other staff will pull trailers and/or transport by truck all den equipment. *Please do not drive equipment or trailers to your site yourself.*

After arriving at your site, Pack equipment should be gathered together. Scouts and leaders change to bathing suits and t-shirts and proceed to the waterfront for swim checks. **(It is a good idea to wear bathing suits under uniforms during the trip to camp so a change is not necessary before swim checks.)**

The pack returns to its campsite to set up camp. As campsites are ready, boys will go to the handicraft area to make name tags.

At 5:30, your group should make their way to the waterfront for supper.

Sportsman Activities will be held after supper from 7:15 until 8:15. Opening campfire will begin at 8:45.

## Your Campsite

Picnic tables are provided in each campsite. You will find an established fire circle in each campsite. We ask that you use this fire site for any and all campfires you may wish to build.

The den's campsite arrangement and orderliness reflects upon the den's standards. Living in a clean and well organized site helps a Scout feel pride in himself.

Listed below are the aspects of a well established den campsite. The Camp Commissioner will visit you and your site during the week. The Commissioner may share ideas with you about ways to improve your site.

- American and pack flags displayed with pack identification
- First Aid Kit available in a central location
- Campsite laid out with clear and safe traffic lanes
- Tents and flies pitched correctly, taut and using proper knots
- Tents marked with "No Flame in Tent" sign or stencil
- Campsite clean—food and gear properly stored, surfaces clean
- Garbage cans used and covered: liners in place
- Bulletin board with roster, fire guard plan and program posted
- Latrine clean
- Saw/axe yard separated from central site, marked and large enough
- Respect is shown for camp facility—no marking of trees or property
- (if applicable) Handicap vehicles parked in designated area

## Flag Ceremonies

Flag Ceremonies are held at 7:55 am and 5:55 pm each day. Your den will have the opportunity to serve as color guard during your time at camp.

## Dining Hall

The majority of your meals will be enjoyed in our 250 seat dining hall.

Waiters assist the dining hall staff in the clean up of the dining hall after meals. Clean-up generally takes fifteen (15) minutes after the meal's conclusion. Waiters are assigned by the pack generally on a rotating basis. How you choose to handle the waiter assignments is up to you and your unit.

Packs should be careful not to begin clean-up while Dining Hall program is happening. Please wait until AFTER dismissal to begin clean-up.

### Visitor/Leader Meal Prices

Breakfast.....\$4.00

Lunch.....\$5.00

Supper.....\$5.00

## Health Lodge

A camp health officer serves as a regular member of the camp staff. (A volunteer physician from Yankton supervises the camp's medical care services.) In the event of a serious accident, illness, or hospitalization, parents are contacted. However, care is not delayed. Medical care given at the camp by the camp medical officer is without additional charge. Scouts whose care requires use of disposable items such as non-rebreather masks will be charged the cost of such items. **Treatment provided outside of the camp is at each family's expense, forms are filed for insurance coverage.** The Sioux Council does participate in an insurance plan which assists with deductibles and uninsured costs.

## Insurance

Scout campers registered with the Sioux Council are covered by the council's sickness and accident policy while attending camp and during travel between camp and home. The council's policy meets costs beyond those covered by a Scout's family policy. It is important that the name of the family's insurance carrier and policy number be provided on the Personal Health and Medical Summary. A brochure fully describing the council's sickness and accident policy is available from the Sioux Council Center for Scouting.

## Discipline

Lewis and Clark, in accordance with the policies of the Boy Scouts of America, will not permit staff, volunteer leaders, or Scouts to use corporal or other harsh punishment. No humiliating or frightening method of discipline will be used to control the actions of any camper. Initiations which frighten or humiliate, including forms of hazing, are also not permitted.

## Conditioning

A number of pack leaders attending camp have recommended that we alert adults to the fact that Lewis and Clark is situated on bluffs along the Missouri River. The bluffs provide an exhilarating view of forest, water, and the rolling expanse of Nebraska. The bluffs also mean that everyone at camp must climb and descend hills walking from campsites to dining hall to program areas.

Suggestions: Do some extra walking, jogging or bicycling beginning several weeks before you come to camp. Maybe put some miles on the "stepper" in the corner of the bedroom.

## Dangerous Items and Substances

Some items are not permitted at camp. Failure to abide by the camp rules may lead to dismissal from camp. Do not bring any alcoholic beverages or illegal drugs into camp. Firearms, ammunition, personal BB guns, firecrackers, bows and arrows, and sheath knives are primarily among the items that should not be brought to camp. The use of aerosol propellant based insect spray is prohibited. Please use personal sized insect repellent in squeeze bottles or with a pump action.

## Fuel Policy

National BSA policy permits use of liquid fuel only under the direct supervision of a knowledgeable adult leader. Gasoline and other flammable substances are to be stored in the approved fuel storage area in camp. (Contact the camp commissioner or camp administration). Propane or LP's are the preferred fuel and liquid fuels (white gas) are discouraged.

Open flames (i.e.. candles, Sterno, kerosene lanterns, cigarettes, etc.) are not allowed in tents.

## Fire Arms Policy

Personal firearms, ammunition and archery equipment are strictly prohibited. Lewis and Clark provides all equipment necessary for the field sports activities.

## Fireworks Policy

Possession or use of fireworks at Lewis and Clark is strictly prohibited and cause for

dismissal from camp.

### Buddy System

The use of the buddy system is imperative at Webelos Explorer Camp. Each Scout must always be with a buddy. Scouts should never travel or be in the campsite alone.

REMEMBER two deep leadership is required when a Scout is with an adult who is not their parent or legal guardian.

### **PROHIBITED ITEMS:**

(may result in immediate dismissal from camp)

- Alcoholic Beverages
- Fireworks of any kind
- Sheath Knives
- Pets
- Hand Axes
- BB Guns
- Slingshots
- Archery Equipment

Smoking is discouraged and must be done out of sight of Scouts!!

Remember YOU set the example.

### **CHECKING IN AND OUT OF CAMP**

#### Registration

All Webelos must be registered as members of the Boy Scouts of America and camp fees paid in order to stay in camp and participate.

#### Vehicles and Parking

1. Scout Leaders', Staff and Parent vehicles will be parked in lots located across the road from the Administration Building.
2. One vehicle per pack, upon special request and demonstration of need, may receive a permit to park in one of the designated lots (down the hill). These vehicles may be used only for:
  - \*Handicapped accessibility
3. Scouts will hike into campsites on arrival day and out of the campsite on departure day.
4. Under NO circumstances will any individual ride in the bed of a truck.
5. Restricted roads, from the south ends of the parking lot, will be for the use of camp service and other authorized (permit showing) vehicles only.

This plan is intended to alleviate many of the identified concerns that have been raised with traffic in camp. SCOUT SAFETY IS OUR NUMBER ONE CONCERN.

#### Care of Equipment

All campers and leaders are reminded that they are responsible for any damage above ordinary wear and tear, they might cause to camp facilities or equipment.

#### Leaving Camp During the Week

Campers and Leaders who must leave camp during the week must sign out at the Administration Building. Campers may leave only with a parent or guardian. Leaders must be present when a camper checks-out of camp.

## WEBELOS EXPLORER CAMP PROGRAM

### Pack Program

Although most of your time at Lewis and Clark Scout Camp will be spent participating in activities which are part of a Program Schedule, do not underestimate the importance of interactions among members of your local pack or den. You, as den leaders and parents, will live and move with your boys for the duration of camp. You will set the example for and encourage each boy to take on new responsibilities, cooperate better with others, and live in accordance with ideals of Scouting. This is a major part of the Webelos program.

We hope you will choose to participate in the program activities organized and prepared by our staff. We aim to make them enjoyable and supportive of the Webelos Program. Feedback in past summers has included comments from some participants to the effect that there has not been enough time for the dens to be on their own and spend time in relaxation at camp. Others have expressed appreciation of the fairly continuous schedule of activities during the relatively short time in camp. We are here to offer you a program, we do not require that you take part in each and every part of it.

Use the information about program offering from the Daily Schedule and on the following pages to plan *your* Lewis and Clark Webelos Program.

### Advancement Program

Much of each day's program time is devoted to activities designed to help Webelos satisfy Activity Badge requirements. Some activity periods are specifically identifiable as dedicated to one particular Activity Badge or another. Others, like Outdoorsman Activity Badge requirements, will be met as boys camp and dine with your den. Sportsman Activity Badge requirements are met by participating in the series of Sportsman activities scheduled throughout your camp stay. Requirements for the Showman Activity Badge can be met through participation in the closing campfire program.

### Individual Activities

There are times when you choose to work with boys on individual activities back in the campsite. You may also choose to accompany your boys back to a place in camp they found worth further explorations. Boys always like to explore the stream and pebble beach.

NOTE: Adult supervision of boys of Webelos age, as well as use of the buddy system, is essential when camping and exploring.

### Activity Badge Information

#### Artist

Boys will use our Handicraft Area to pursue the Artist Activity Badge. They will use the special outdoor setting and natural materials for meeting **some** requirements of this activity badge. There are six specific requirements we are preparing to help the boys meet.

These requirements include:

3. Draw or paint an original picture out-of-doors. Use watercolors, crayons, or acrylic paints. Frame it for your room or home.
4. List the primary and secondary colors. Explain what happens when you combine colors.
6. Draw a profile of a family member.

8. Make a Mobile.\*
9. Make an art construction. Use your choice of materials. \*
10. Create a collage that expresses something about you.

\* Webelos will use natural materials to complete these projects

### Showman

The closing campfire provides a perfect opportunity for the Webelos to make a Showman presentation they have prepared.

The Showman Activity Badge is structured a little differently than other activity badges. The boys can choose from two separate areas of showmanship: puppetry and drama. Webelos will make a group decision and prepare for the closing campfire performance.

During the Showman Activity Badge Sessions, the boys will meet the requirements for the one particular area of the Showman Activity Badge in the process of preparing to present their “Show” to everyone at the closing campfire.

### Sportsman

There will not be one single Activity Session devoted to the Sportsman Activity Badge. Instead there will be five separate scheduled times to participate in Sportsman Activities. During each of these times, your pack will be scheduled for a different activity. The requirements for the Sportsman Activity Badge indicate that, while a Webelos Scout, the boys are to earn Cub Scout sports belt loops for two individual and two team sports.

We offer Archery and a Physical Fitness activity as individual sports. The boys will explain what good sportsmanship means and show signals used by officials in a sport while participating.

The boys will play volleyball and ultimate frisbee to meet the requirements in team sports.

B-B Gun shooting will be a fifth sportsman activity.

### Engineer

Your Webelos will have the opportunity to learn about bridges, block and tackle and other exciting things.

Requirements completed include:

7. Make drawings of three kinds of bridges and explain them. Construct a model bridge of your choice.
8. Make a simple crane using a block and tackle and explain how the block and tackle is used in everyday life.
9. Build a catapult and show how it works.

During the Engineer Activity Badge Session, the boys will do all three of the above. They may construct models of the bridges, as well as draw them.

Leaders may want to look at the section of the Webelos book about the Engineer Activity Badge and have the boys talk to an engineer, surveyor, or architect about the different occupations in engineering. This satisfies requirement #1. Boys could also meet

requirement #2 if they draw a floor plan of their house including doors, windows and stairways.

### Geologist

Fossils from the ancient Cretaceous sea bed and a variety of rocks and minerals carried to the edge of the Missouri River by more recent glaciers create an exciting area for geologic study at Lewis and Clark. Between Pebble Beach and the Nature/Ecology Area, Webelos attending the Geology Activity Badge Session will learn what they need to know to meet the requirements for the Geologist Activity Badge.

These requirements are met:

1. Collect five geologic specimens that have important uses.
2. Rocks and minerals are used in metals, glass, jewelry, road-building products, and fertilizer. Give examples of minerals used in these products.
4. List some of the geologic materials used in building your home.
5. Make a drawing that shows the cause of a volcano, a geyser or an earthquake.
6. Explain a way in which mountains are formed.
7. Describe what a fossil is. How is it used to tell how old a formation is? Find two examples of fossils in your area.
8. Take a field trip to a geological site, geological laboratory, or rock show. Discuss what you learned at our next Webelos den meeting.

### Forester

Eastern South Dakota is mostly covered by prairie, not the kind of country in which you would expect to find a forest. However, the ravines edging what was once the flood plain of the Missouri River support a forest of Burr Oak and Elm. A variety of other native and planted trees grow in clearings and also along the forest edges.

During the Forestry Activity Badge Session, the Webelos will have an opportunity to complete the required five of eight requirements.

1. Make a map of the United States. Show the types of forests growing in different parts of the country. Name some kinds of trees that grow in these forests.
3. Identify six forest trees common to the area where you live. Tell how both wildlife and humans use them. (If you don't live in a region that has forests, read about one type of forest and name six of its trees and their uses.)
4. Identify six forest plants (other than trees) that are useful to wildlife. Tell which animals use them and for what purpose.
6. Make a poster showing a tree's growth rings or examining the growth rings of a tree stump. Explain how the rings tell its life history.
7. Collect pieces of three kinds of wood used for building houses. Tell what kinds of wood they are and one place each of them might be used.
9. Describe both the benefits and the harm wildfires can cause in a forest ecosystem. Tell how you can prevent wildfire.

### Naturalist

Our Lewis and Clark Nature/Ecology program area is a small natural history museum and nature center itself, displaying a wide variety of information about the natural world along the Missouri River. There are always live reptiles and amphibians and insects from the area on display, as well as posters and pictures of birds and mammals which live around camp.

During the Naturalist Activity Session, the boys will be able to meet at least four of the requirements.

These requirements are:

4. Visit a museum of natural history, nature center, or zoo with your family, Webelos den or pack. Tell what you saw.
6. Learn about the bird flyways closest to your home. Find out which birds use these flyways.
7. Learn to identify poisonous plants and reptiles found in your area.
8. Watch six wild animals (snakes, turtle, fish, birds, or mammals) in the wild. Describe the kind of place (forest, field, yard or park) where you saw them. Tell what they are doing.
10. Identify a plant, bird, or wild animal that is found only in your area of the country. Tell why it survives only in your area.

The eighth requirement can be met when the group takes a hike during the session. If the boys are alert, they will have no difficulty finding and observing birds, mammals and amphibians to meet this requirement. Towards the end of the session the scouts can discuss #1.

#### Outdoorsman

Three Outdoorsman Activity Badge requirements are met by each Webelos who attends and camps at Lewis and Clark's Webelos Explorer Camp.

These requirements are:

2. With your family or Webelos Den, help plan and take part in an evening outdoor activity that includes a campfire.
3. With your parent or guardian, take part in a Webelos den overnight campout or a family campout. Sleep in a tent you have helped pitch.
12. Visit a nearby Boy Scout camp with your Webelos den.

During the Outdoorsman Activity Session, boys will learn skills and have an opportunity to meet other requirements.

These requirements will include:

5. During a Webelos den meeting, discuss how to follow the Leave No Trace Frontcountry Guidelines during outdoor activities. (Page 72).
6. Participate in an outdoor conservation project with your Webelos den or a Boy Scout troop.
7. Discuss with your Webelos den leader the rules of outdoor fire safety. Using these rules, show how to build a safe fire and put it out.
10. Demonstrate how to whip and fuse the ends of a rope.
11. Demonstrate setting up a tent or dining fly using two half hitches and a Taut-line hitch. Show how to tie a square knot and explain how it is used.

#### Readyman

Boys planning to work on this activity badge should be prepared by reading about first aid in the Webelos book. They should give the explanations required and show the list of directions to their leaders BEFORE coming to camp.

During the Readyman Activity Session, we will give basic instruction and provide simulated events to give the Webelos chances to demonstrate their ability to meet the next requirements.

These Requirements are:

2. Explain what first aid is. Tell what you should do after an accident.
4. Demonstrate the Heimlich maneuver and tell when it is used.
5. Show what to do for these “hurry cases”
  - Serious Bleeding
  - Stopped Breathing
  - Internal Poisoning
  - Heart Attack
6. Show how to treat for shock
7. Show First Aid for the following
  - Cuts and Scratches
  - Burns and Scalds
  - Choking
  - Blisters on the hand and foot
  - Tick bites
  - Bites and stings of insects other than ticks
  - Poisonous snakes
  - Nosebleed
  - Frostbite
  - Sunburn
8. Tell what steps must be taken for a safe swim with your Webelos den, pack, family or other group. Explain the reasons for the buddy system.
9. Explain six safety rules you should follow when “driving” a bicycle.
10. Explain the importance of wearing safety equipment when participating sports activities (skating, skateboarding, etc.).
11. Make a home fire escape plan for you family.
12. Explain how to use each item in a first aid kit.
13. Tell where accidents are most likely to happen inside and around your home.
14. Explain six safety rules you should remember when riding in a car.

### Aquanaut

The first two mandatory requirements for the activity badge may be met as each boy takes his swimming ability test.

These requirements are:

1. Jump into water over your head. Come to the surface and swim 100 feet, at least half of this using the back stroke.
2. Stay in the water after the swim and float on your back and your front, and demonstrate survival floating.
3. Put on personal flotation device (PFD) that is the right size for you. Make sure it is properly fastened. Wearing the PFD, jump into water over your head. Show how the PFD keeps your head above water by swimming 25 feet. Get out of the water, remove the PFD, and hang it where it will dry.

Boys who do not accomplish these swimming requirements may receive instruction and

have the opportunity to try to meet the requirements during an alternate time (as staff is available).

During the Aquanaut Activity Session, boys will receive instruction in at least three of the remaining requirements.

These requirements are

4. Do a front surface dive and swim under water for four strokes before returning to the surface.
5. Explain the four basic water rescue methods. Demonstrate reaching and throwing rescues.
6. With an adult on board, show that you know how to handle a rowboat.

There may also be opportunity to earn the Cub Scout Sports belt loop for swimming.

NOTE: Everyone, boys and adults alike, must take the swim test before swimming in or boating in the water. Swimming proficiency determines which depth of water may be used for swimming and which boats may be used. This swim testing is part of the BSA Safe Swim Defense Plan, which governs the use of all BSA swimming and boating areas.

## CAMP TRADITIONS

### Lewis and Clark Camp Hymn

Camping out where days are long,  
Nights with campfires glowing.  
It is here that I belong  
For I'm a Scout you know.  
Lewis and Clark, Lewis and Clark;  
The camp that I love best.  
Where Scouts are true and loyal too,  
The greatest in the west!

### Scout Vespers

Softly falls the light of day  
When our campfire fades away  
Silently each Scout should ask  
Have I done my daily task  
Have done and have I dared  
Everything to be prepared

### Taps

Day is done  
gone the sun  
From the lake  
From the hills  
From the sky  
All is well  
safely rest  
God is nigh.

### The Paddle Song

Our paddles keen and bright,  
flashing like silver.  
Swift as the wild goose flies,  
Dip, Dip, and Swing

Dip, Dip and swing and Back,  
flashing like silver,  
Swift as the wild goose flies,  
Dip, Dip and Swing.

### Lewis and Clark Song

Lewis and Clark Scout Camp  
That's sure the place to be  
That's where the best of Scouting go  
And that's the place for me  
The whip-poor-wills a callin'  
And the little creeks a roarin'  
And they'll come again another year  
like all the scouts of yore.

### Philmont Grace

For food, for raiment,  
For life, for opportunity,  
For friendship and fellowship - We thank Thee, O Lord

## FINAL CHECK LIST

\_\_\_ When sending in health forms please make copies. Every youth and adult needs to have a completed health history. Youth forms must be signed by the legal parent or guardian. You should complete a separate health form for each camp attended.

\_\_\_ If any youth is leaving early with someone other than a parent, a letter indicating such is signed by the legal parent or guardian.

\_\_\_ All personal gear is packed. (page 23)

\_\_\_ Sufficient and safe transportation has been arranged to and from camp. (*Remember no one is to ride in the bed of a pickup covered or not*)

\_\_\_ There is sufficient leadership. BSA policy requires two deep leadership.

\_\_\_ Fees have been paid to the Sioux Council Center for Scouting.

# Webelos Camp Daily Schedule (Sample)

## Day 1

1:00 pm – 3:00 pm	Registration, medical review, head to campsites
4:00 pm – 5:15 pm	Finish site set-up; make name tags; explore camp
5:15 pm – 5:40 pm	Personal cleanup – preparation for supper
5:50 pm – 6:00 pm	Greeting and retreat
6:00 pm – 7:15 pm	Supper @ Program Flats
6:45 pm – 7:15 pm	Break
7:15 pm – 8:15 pm	Sportsman Activities
8:15 pm – 8:45 pm	Make way to site and campfire site
8:45 pm – 9:30 pm	Opening campfire
9:30 pm – 10:00 pm	Return to sites and settle in for the night
10:00 pm	Taps (Den leaders and parents are responsible for settling boys quietly in bed. “Lights-out” shortly following Taps.)

## Days 2 & 3

7:30 am	Reveille
8:00 am	Flag Raising followed by breakfast
8:45 am – 9:00 am	Personal time – cleanup campsites, brush teeth, etc.
9:00 am – 10:30 am	Activity Badge activity
10:45 am – 11:45 am	Sportsman activity
12:00 pm	Lunch
12:30 pm – 1:30 pm	Rest period
1:30 pm – 3:00 pm	Activity Badge activity
3:10 pm – 4:00 pm	Sportsman activity
4:15 pm – 5:00 pm	Open aquatics
5:00 pm – 5:55 pm	Personal time
5:55 pm	Retreat Ceremony followed by Supper (Cookout Day 3)
7:00 pm	Evening Program “Map Game” (Day 2), Sportsman Activity (Day 3)
8:15 pm	Campfire preparation (Day 3 only)
8:45 pm	Campfire (Day 3 only)
10:00 pm	Taps

## Day 4

7:00 am	Reveille
8:00 am	Flag Raising
8:05 am	Light breakfast served as packs arrive “up-top” for departure
8:30 am – 9:30 am	Departure as pack equipment is brought from the sites